



Club Guidelines

SAFETY

It is important to understand that, like any sport, badminton is a game where injuries are a possibility. You are responsible for taking precautions (for example: stretching before and after playing, warming up before play, wearing safety goggles, dry mopping your court before use) to minimize risks. The Ontario Badminton Association provides group insurance coverage only to those members who have purchased a Badminton Ontario Tournament Player Card.

Due to anaphylactic allergies and sensitivities of some members, we ask that you **refrain from bringing in nuts or nut products and from using perfumes and other scented products.**

Staff is on site and ready to deal with any **emergency** should something require immediate attention. Please familiarize yourself with the emergency exits as well.

GENERAL CLUB ETIQUETTE

The SportsCan Summer Badminton Club works hard to maintain a friendly, tolerant, clean and safe environment that is fun for everyone. We rely on all players doing their part to help keep our club neat, clean and running smoothly. When you have any questions, concerns or suggestions, please feel free to approach the staff or contact our office.

Outdoor Footwear: Mats are provided at the entrance for outdoor footwear. Please help keep our floors clean for players court shoes.

Membership Cards: Cards will be created for each member once our numbers become large enough to warrant. When this is the case please provide your card upon entering the gym.

Guests: Guests are welcome to drop in. Guest fees apply. All Guest must complete a Medical Waiver.

Showers and lockers: Members and guests may use showers and lockers. You are responsible for bringing your own towels and lock.

SPORTS INJURIES AT THE CLUB

Please report any injury to the SportsCan staff. If medical attention is required our staff are trained in First Aid. If ice is required, we have access to ice packs.



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ON COURT RULES AND ETIQUETTE

Dress Code: Appropriate gym clothing is required. No jeans please.

Footwear: Non-marking (no black soles) indoor-only court or athletic shoes that are carried in (not worn in from the car) are required when playing on the courts. Sandals, hiking shoes, bare feet or socks-only are not permitted.

Safety Eye Wear: It is mandatory for all players under 18 years of age to wear safety goggles meeting ASTM F803 standards when entering the courts for badminton, regardless of event type. *It is highly recommended for adults too.*

Head Gear: Only sweatbands or headgear required for religious or medical reasons will be permitted.

Open Courts: There are no court fees, nor reservations for our 4-open courts. A sign-up board is used to facilitate 25-minute court rotations. When the club is busy, the courts are restricted to Doubles play only. Games follow the 21-point rally point system.

Reserved Courts: Two courts are available for reservations at a fee. The court can be reserved for 90-minute blocks at \$5 + HST. Reservations are made by emailing badminton@sportscan.ca. Reservations are based on a first come first serve.

Crossing Behind Courts: It is a common courtesy, and safety precaution, when passing behind courts to wait between courts until the point played is complete. Players should pass behind the court quickly and in single file close to the wall with their group so as to not disrupt the flow of play.

Shuttlecocks: The cost of shuttlecocks is an expense that must be endured when playing friendly and competitive games. It is a general courtesy to split the cost of the shuttlecocks between all players. All members are responsible to bring their own.

Keeping Courts Clean: Only closed bottled drinks are allowed on court; food and canned drinks are not permitted. Absolutely no alcohol is permitted. There is a dust broom available if you feel the court needs it.